

Join Us for Block of the Month!– A Traditional Block and a Modern Variation

Participate in our Block of the Month program by making one block, some of the blocks, all of the blocks—or choose a single block pattern and create multiple blocks using that design.

At our Guild meetings in **May, July, August, September, October, and November**, we'll introduce and provide instructions for both a traditional quilt block and a modern variation of that block. You can choose to make one or both versions—or even create your own unique interpretation of the traditional design. It's completely up to you!

Our instructions are based on using 5-inch squares, some larger and longer pieces (for some blocks) and a background fabric. Feel free to use a charm pack and/or fabric from your stash. If you prefer, you can adjust the block size to suit your own project—no need to stick strictly to our measurements.

Missed a month? No problem—you can jump in at any time!

At the January 2026 meeting, we'll show ways to put your blocks together.

Below are the instructions for the **4-Patch** block we introduced at the May meeting. Please bring your finished 4-Patch block and any variations to show and tell at our meeting on **July 28**. We can't wait to see what you've created!

How to make a 4-Patch

Traditional Block

1. Cut four - 5 inch squares. (2 light squares and 2 dark squares)
2. Using a 1/4" seam, sew a light square to a dark square, right sides together, making sure raw edges align.
3. Open the sewn pieces of fabric and gently press the seam towards the darker fabric.
4. Repeat steps 2 & 3 with other two squares.
5. Sew the resulting 2-patch units together with a 1/4" seam, making sure light and dark fabrics are facing each other and that raw edges are aligned.
6. Press seam to one side.



Modern Variation 1 - 4-patch in a 4-patch

1. Cut three - 5 inch squares and four - 2-3/4 inch squares.
2. Sew the small squares into a 4-patch and then sew that 4-patch and the three - 5 inch squares into a 4-patch using steps 1-6 for the traditional block.



Modern Variation 2 – Wonky 4 Patch

1. Wonky 4 Patch tutorial by Darlene Michaud,
<https://www.youtube.com/watch?v=0ffzQm7807I&t=76s>

Note: Lily used 10 inch squares for her sample.



Having fun? Make more blocks, or come up with your own variation of the 4-Patch.

Block of the Month Team - MaryAnn Jones, Lily Kamikihara and Teresa Sakurada