

## FEBRUARY 2023 BOM: Fabric Manipulation

### Fabric requirements

- 6 each – 1 ½” x 6 ½” strips in a printed fabric. (#1)
- 6 each – 1 ½” x 6 ½”” strips a different print fabric (#2)
- 7 each – 1 ½” x 6 ½” strips in a contrasting color filler (#3)
- 2 each - 6 ½” x 3” matching solid fabric (#5)
- 2 each – 9” x 3” same fabric as #5

Starch and iron all your strips. Sew one printed strip (#1) to the solid (#2), wrong sides facing each other. Do this to all 6 sets. Open seams and iron flat. Fold on seam so both right sides are showing. Starch and iron. You should have 6 twists ready. Set aside

Sandwich one of the twists between two strips of the fillers (#3) and sew together, iron

Place the second twist strip on the already sewn filler strip, place another filler strip on top and sew. Continue to do this till all 6 twist strips are attached: square

Secure the strips down with a stitch on top

Attach the #5 (6 ½” x 3”) fabric strips one on each side, iron

Attach the #5 (9” x 3”) fabric strips to the top and bottom

Trim to the size you want, from 9” or less

Use as an insert for a throw pillow or any way use choose

Sample and instructions will be demonstrated at this month’s meeting.

### DUE AT THE MARCH MEETING

