Block Of the Month

*This block of the mont*h can be made into a table runner, place mat or a bed runner depending on how many blocks you make. These instructions are for one block and you can determine how many blocks you will need for the project you plan on making. Once you determine that, I will give you the fabric requirements for the backing and border, as well as the connecting blocks (5" x 11 1/2").

YOU WILL NEED:
BLOCK: #1
2 pieces each at 5 1/2" x 7 1/2"' in 3 separate coordinating prints. (Cotton fabric is best)
1 piece each at 5 1/2" x 7 1/2" in a solid color to match the other 3 fabric selections.

SASHIKO STITCHING:
Long needle and thread, any color you prefer to use. Contrasting colors are best. Chalk pen and a favorite motif you would like to feature in the solid piece of fabric in the block. There are many on the WWW to choose from, your own crest/mon or I can provide several for you to choose from. For the sashiko stitching, there are many excellent tutorials that would be very helpful to watch as well as written instructions on some blogs. This is a good one.
embrodery.rocksea.org/hand-embroidery/sashiko/sashiko

BORDER:
Since you may be creating different articles, the fabric requirements for the backing as well as the instructions will be given out as it gets closer to completion.

BACKING:
Lightest weight batting, again based on what you will be making.
Following are the drawings on how to place the cut pieces and how to sew them together to create a unique block, with sashiko stitching.

Placement of your cut pieces. The center piece (Blue) is the SOLID piece.

Sashiko drawing on center piece of

Cut a 11 1/2" square from the block you have created with the 7 pieces. The block should be cut at an angle, as shown in picture.
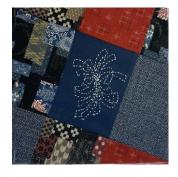

The templates for these patterns is available on Etsy at, DDAdesignjp among many, many more. Needles and thread are available at Kaumuki Dry goods as well as Amazon.

Completed block

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